

Seamons, Colleen

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Sent: Tuesday, 11 October 2011 4:01 PM
To: standards management
Subject: Raw milk submissions

Categories: Yellow Category

I understand the legalisation of the sale of raw milk is under discussion. I believe that people who wish to, including myself and my family, should be able to legally purchase raw milk for consumption.

My belief and experience is that raw milk has many health benefits which are not present in processed milk. In particular the enzymes which are destroyed by pasteurising milk are important. It seems probable that milk intolerance and allergy is caused by the destruction of these enzymes. Homogenisation is also harmful as the fat molecules are broken down into such small particles that they are much more easily absorbed into the blood stream contributing to increased cholesterol levels.

It also tastes better.

At one time the risk of catching disease from raw milk probably outweighed the advantages. However modern management of dairy herds in Australia has overcome these risks.

Whether the health benefits are acknowledged or not the most important reason is to give people the freedom of choice of how the milk they buy is treated and give the dairy farmers the freedom to sell raw milk if they wish to do so.

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